

PSHE. Year B for Year 2. Newton Solney Infant School.

Being Safe.

Baseline - Draw/write/think: What websites, games, or any other ways do you use the Internet?

Lesson 1.

Activity

Who has the job of keeping us/you safe? Talk together. Did you think about yourself keeping yourself safe and of course your grownups? Draw a body outline (gingerbread man, see below) and explain that everybody has the right to 'be safe on the outside' and 'feel safe on the inside.' Think about this situation = Jack is 7 years old. He is left at home, alone. How might Jack feel? Write emotions/feelings on the inside of the body. Is it okay to be left alone at 7 years old? How might Jack's body be behaving?

If someone was only 7 years old and was left 'Home Alone' - what hazards in the home would the character have to think about? Who could they ask for help? If they are worried then they should ring 999 for help. Role play making a 999 phone call explaining their situation.

To finish off.

Review how to ring 999 and the sort of questions that you will be asked. Do you know your full name and your address and phone number? There are lots of people who can keep us safe inside and outside school/home and we must never be afraid to ask for help when we need it. We must not ring 999 for fun!

Lesson 3:-

Find some pictures of:

1. River, 2. Internet, 3. Road, 4. BBQ, 5. Fireworks

What do you see and how could it be unsafe? What could we do to make these situations safer?

Examples for the river picture may include:

1. If you go for a paddle in a boat/swim then always paddle/swim with an adult watching.
2. If the river is icy you should not jump in.
3. Wear a life jacket near water.

Activity.

Choose one of the pictures and develop a poster to help keep other children safe.

To finish off.

Remember to always listen to your grown up and they will help you to stay safe especially in a new situation.

Lesson 2 :-

Name people who help us e.g. doctor, parent, teacher, nurse, dentist etc. and find some pictures illustrating different people at work e.g. teacher, nurse, dentist, bus driver, parents/carers, etc. What do they do to help us?

Provide scenarios: and ask who can help us in this scenario?

1. John needs his PE kit washing.
2. Jay needs help with her new computer game.
3. There is a fire.
4. Someone collapses.
5. Someone gets lost. etc

Talk together about how these people could help. Remind children how to call 999 when we need help. Read 'The Boy Who Cried Wolf'. (look on the internet) Discuss why it is important only to ring for help when you need it.

Activity

Draw a picture of the boy who called wolf. Or design a poster reminding people to ring 999 if they need help.

To finish off

Remind children again that there are lots of people who look after us. We can ring 999 but not for fun.

Lesson 4:-

Find pictures of e.g. medicine, scissors, sweets, paper, garden spade, pencil, apple etc. Think about if each one is safe or not. If you are not sure if something is safe then who could you ask?

Read the story of 'Little Red Riding Hood' (look on the internet). Make yourself a green and red card. Green = Safe and Red =Unsafe. Read the story and ask the children to hold up the appropriate cards during the story.

Activity.

Draw a picture of Little Red Riding Hood and give her some advice on how to stay safe. E.g. Do not talk to strangers.

To finish off.

Remember to always listen to your grownup and they will help you to stay safe especially in a new situation.

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Lesson 5:-

Read: 'DigiDuck's Big Decision'. www.childnet.com/resources/digiducks-big-decision
Use the questions at the end of the book to think about the story. It is always a good idea to have a made up username when playing a game online. Make up some usernames for some of your toys. Explain that giving personal information online is not safe behaviour.

Activity.

Draw a treasure box. What things could you keep safe in your treasure box? Draw them in your treasure box. Now draw a mobile phone or tablet or computer. What could you keep safe in this gadget?

To finish off.

Did you think of anything that you can keep safe on your electronic gadget? I don't think I can! Remember to never put your real name into a game on the internet, do not put in true information about yourself and do not make friends with anyone unless you have asked your grownup.

Lesson 6:-

This session needs to be led by an adult. Watch the nspcc clip before you show your child so that you are comfortable with it.

Explain what is meant by the term 'privacy' or 'keeping something private.' What sorts of things might people keep private? For example: Phone number, passwords, diary, email address, body parts. Look at the NSPCC underwear rule PANTS www.nspcc.org.uk/preventing-abuse/keeping-children-afe/underwear-rule/ In what different ways do people keep things private? When might we need to break privacy?

As this is the last lesson in this topic you can finish with this activity.

Draw round your hand. Write five ways, on the fingers, about how they can keep themselves and/or others safe.

To finish off.

Remember we all have the right to stay safe and sometimes we have to help ourselves to be safe and think before we do something.

