

Chainmail armour



Chain mail is a type of armour. It is made of small metal rings linked together in a pattern to form a mesh. The Celts are usually credited with inventing mail armour. Celtic mail was usually made in the form of a vest. Chain mail is today used in gloves to prevent cuts by butchers and firefighters. Some divers wear mail suits when swimming around sharks and particularly when feeding sharks. But mail is heavy and it makes moving around more difficult.

Plate armour



Plate armour was a type of [armour](#) made from iron or steel plates which were attached together to make a **suit of armour** entirely encasing the wearer. The wearer remained highly agile and could jump, run and otherwise move freely as the weight of the armour was spread evenly throughout the body. The armour was articulated and covered a man's entire body completely from neck to toe.